



# LifePak®+



## FOOD SUPPLEMENT WITH VITAMINS, MINERALS AND BOTANICAL EXTRACTS

Staying healthy throughout one's life begins with eating right. There is a growing number of scientific evidence demonstrating the health benefits of specific nutrients.

A healthy diet needs to have a balance of macronutrients (fats, proteins and carbohydrates) and micronutrients (vitamins and minerals) to meet the needs for human nutrition.

LifePak+ will bring you a significant amount of the required vitamins and minerals that will target nine important functions of your body:

- Iodine contributes to the normal production of thyroid hormones and normal thyroid function.
- Zinc and Iodine contribute to normal cognitive function.
- Vitamin C, Vitamin E, Selenium, Copper and Zinc contribute to the protection of cells from oxidative stress.
- Vitamin A, Vitamin B2, Zinc contribute to the maintenance of normal vision.
- Vitamin B3, B5, B6, B12, Vitamin C, Biotin and Magnesium contribute to the normal energy-yielding metabolism.
- Selenium, Zinc, Copper, Vitamin A, Vitamin B6, B12, Vitamin C, Vitamin D contribute to the normal function of the immune system.
- Vitamin B1 contributes to the normal function of the heart.
- Magnesium, Zinc, Manganese and Calcium contribute to the maintenance of normal bones.
- Zinc, Iodine, Biotin, Vitamin A and Vitamins B3 contribute the maintenance of normal skin.

Netto Weight 230 g / Size 60 sachets (with 4 tablets)

### DAILY USAGE

Take the content of one (1) sachet daily with 250 ml of liquid with your meal..

### 9 FUNCTIONS IN ONE FORMULA

- 1 Contribute to normal cognitive function.
- 2 Contribute to the maintenance of normal skin.
- 3 Contribute to the protection of cells from oxidative stress.
- 4 Contribute to the maintenance of normal bones.
- 5 Contribute to the maintenance of normal vision.
- 6 Contribute to normal blood clotting.
- 7 Contribute to the normal function of the immune system.
- 8 Contribute to normal energy-yielding metabolism.
- 9 Contribute to the normal thyroid function.

### INGREDIENTS

Magnesium salts of citric acid, Bulking agent: Microcrystalline cellulose, Calcium salts of citric acid, Calcium carbonate, Calcium salts of orthophosphoric acid, Calcium-L-ascorbate, Onion bulb extract (*Allium cepa* L.), Bulking agents (Cross-linked sodium carboxy methyl cellulose, Sodium carboxy methyl cellulose), Anti-caking agents (Fatty acids, Magnesium salts of fatty acids, Silicon dioxide), Zinc bisglycinate, Citrus fruit extract [Lemon (*Citrus limon* (L.) Burm. f.), Orange (*Citrus sinensis* (L.) Osbeck), Mandarin (*Citrus reticulata* Blanco), Grapefruit (*Citrus x paradisi* Macfad.)], Nicotinamide, Dextrin, Grape seed extract (*Vitis vinifera* L.), D-alpha-tocopheryl acid succinate, Manganese bisglycinate, Copper bisglycinate, D-pantothenate, calcium, Sodium molybdate, Dextrose, Emulsifier: Lecithins (**Soy**), Lycopene, Chromium (III ) chloride, Beta-carotene, Pyridoxine hydrochloride, Sodium selenate, Sodium selenite, Riboflavin, Thiamin mononitrate, Lutein, Potassium iodide, Stabiliser: Sodium citrates, Zeaxanthin, Retinyl palmitate, Folic acid, D-biotin, Phytomenadione, Cholecalciferol, Cyanocobalamin.



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### INGREDIENTS (QUANTITIES PER DAILY DOSE)

Ingredienser (mængde per daglig dosis) / Ingredients (quantities per daily dose) / Ingredientes (cantidades por dosis diaria) / Składniki (ilość w dziennej porcji)	Pr. 4 tabletter / Per 4 tablets / Por 4 comprimidos / W 4 tabletkach	% RI*/IR*/RWS*
Vitamin A / Vitamina A / Witamina A	698 µg RE DA 1498 µg RE	87% DA 187%
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Beta-caroten / Beta-carotene / Beta-caroteno / Beta-karoten	400 µg RE DA 1200 µg RE	
Vitamin D / Vitamina D / Witamina D	5 µg	100%
Vitamin E / Vitamina E / Witamina E	12 mg TE	100%
Vitamin K / Vitamina K / Witamina K	25 µg	33%
Vitamin C / Vitamina C / Witamina C	80 mg	100%
Vitamin B1 / Vitamina B1 / Witamina B1	1,1 mg	100%
Vitamin B2 / Vitamina B2 / Witamina B2	1,3 mg	93%
Niacin / Niacina / Niacyna	16 mg	100%
Vitamin B6 / Vitamina B6 / Witamina B6	1,4 mg	100%
Folsyre / Folic acid / Ácido fólico / Kwas foliowy	200 µg	100%
Vitamin B12 / Vitamina B12 / Witamina B12	2,4 µg	96%
Biotin / Biotina / Biotyna	45 µg	90%
Pantothenyrsyre / Pantothenic acid / Ácido pantoténico / Kwas pantotenowy	5 mg	83%
Calcium / Calcio / Wapń	250 mg	31%
Magnesium / Magnesio / Magnez	125 mg	33%
Mangan / Manganese / Manganeso / Mangan	1 mg	50%
Zink / Zinc / Cynk	7,5 mg	75%
Kobber / Copper / Cobre / Miedz	0,5 mg	50%
Selen / Selenium / Selenio / Selen	50 µg	91%
Chrom / Chromium / Cromo / Chrom	25 µg	62%
Molybdæn / Molybdenum / Molibdeno / Molibden	45 µg	90%
Jod / Iodine / Yodo / Jod	45 µg	30%
Citrusfrugter ekstrakt / Citrus fruit extract / Extracto de cítricos / Wyciąg z owoców cytrusowych:	25 mg	
<i>Citrus limon</i> (L.) Burm. f.	5 mg	
<i>Citrus sinensis</i> (L.) Osbeck	15 mg	
<i>Citrus reticulata</i> Blanco	2,5 mg	
<i>Citrus x paradisi</i> Macfad.	2,5 mg	
<i>Vitis vinifera</i> L.	12,5 mg	
Lycopene / Lycopene / Licopeno / Likopen	3,5 mg	
<i>Allium cepa</i> L.	85 mg	
Lutein / Luteína / Luteina	1 mg	
Zeaxanthin / Zeaxantina / Zeaksantyna	0,5 mg	